

First Penance Parent Meeting

How can I prepare my child for the Sacrament of Reconciliation?

- Go to weekly Mass
- Use everyday life experiences as teachable moments, talk about the Ten Commandments
- Practice the Act of Contrition Prayer
- Pray as a family, be enthusiastic and encouraging

What is my child doing in the classroom to prepare for the Sacrament of Reconciliation?

- The students are learning about the Ten Commandments.
- The students are learning about the different types of sins. (Venial & Mortal)
- The students are learning the Prayer, the Act of Contrition.
- The students are having daily meaningful discussions, role playing, and completing daily Journal Entries about the Sacrament and how to make good choices.
- The students are learning KEY WORDS; contrition, confession, penance, absolution, free will, conscience, and mercy
- The students are reading Bible passages that deepen their understanding of the sacrament.

First Reconciliation Procedure:

Forgive me father for I have sinned, this is my first confession and these are my sins.

Act of Contrition Prayer:

O my God, I am sorry for my sins, in choosing to sin, and failing to do good, I have sinned against You and Your Church. I firmly intend, with the help of Your Son, to make up for my sins and to love as I should.
Amen.

Commandment	WAYS TO FOLLOW THE COMMANDMENT
1.) I am the Lord your God: you shall not have strange gods before me.	<ul style="list-style-type: none"> • We believe that there is only one God. • We love and trust God more than anyone or anything
2.) You shall not take the name of the Lord your God in vain.	<ul style="list-style-type: none"> • We speak God's name only with love and respect. • We praise God and ask him to bless us and other people.
3.) Remember to keep holy the Lord's Day.	<ul style="list-style-type: none"> • We join our parish each week for Mass on Sunday or Saturday evening. • We worship God and show respect by making Sunday special.
4.) Honor your father and your mother.	<ul style="list-style-type: none"> • We obey our parents and all who care for us. • We do not scream to get our way.
5.) You shall not kill.	<ul style="list-style-type: none"> • We respect all human form. • We do not fight or hurt anyone.
6.) You shall not commit adultery.	<ul style="list-style-type: none"> • We respect our bodies and the bodies of others. • We do not treat people like things. • We protect everyone, especially those who cannot protect themselves.
7.) You shall not steal.	<ul style="list-style-type: none"> • We take care of what we own. We are fair when playing. We share with those in need. • We do not steal what other people own. We do not cheat.
8.) You shall not bear false witness against your neighbor.	<ul style="list-style-type: none"> • We tell the truth. • We do not say mean things about others.
9.) You shall not covet you neighbor's wife	<ul style="list-style-type: none"> • We show that we are happy and thankful for our family and friends. • We do not get jealous of other people because of the friends they have.
10.) You shall not covet your neighbor's goods	<ul style="list-style-type: none"> • We show that we are happy and thankful for what we own. • We do not get jealous of other people because of the things they own.